



INSIGNIA

## **INSIGNIA ENERGY ANNOUNCES FILING OF 2009 ANNUAL INFORMATION FORM**

CALGARY, Alberta, March 19, 2010 – Insignia Energy Ltd. ("ISN" – TSX) ("**Insignia**" or the "**Company**") has filed its annual information form for the year ended December 31, 2009, which includes the disclosure and reports relating to reserves data and other oil and gas information required pursuant to National Instrument 51-101. The Company has also filed its Financial Statements and associated Management's Discussion and Analysis for the year ended December 31, 2009. Copies of these documents may be obtained via the SEDAR website at [www.sedar.com](http://www.sedar.com) or Insignia's website at [www.insigniaenergy.ca](http://www.insigniaenergy.ca).

### **ABOUT INSIGNIA**

Insignia is a Calgary, Alberta based oil and gas exploration, development and production company whose shares are traded on The Toronto Stock Exchange under the trading symbol "ISN".

For further information please contact:

Jeff Newcommon  
President & CEO  
(403) 536-8138  
[info@insigniaenergy.ca](mailto:info@insigniaenergy.ca)

Website: [www.insigniaenergy.ca](http://www.insigniaenergy.ca)