



INSIGNIA

NEWS RELEASE

**INSIGNIA ENERGY ANNOUNCES
FILING OF ANNUAL INFORMATION FORM**

Calgary, Alberta, March 30, 2009 – Insignia Energy Ltd. ("**Insignia**" or the "**Company**") (TSX:ISN) has filed its annual information form for the year ended December 31, 2008, which includes the disclosure and reports relating to reserves data and other oil and gas information required pursuant to National Instrument 51-101. Copies of this document may be obtained via the SEDAR website at www.sedar.com or Insignia's website at www.insigniaenergy.ca.

Insignia is a publicly listed junior oil and gas exploration and development company based in Calgary, Alberta.

Insignia's shares trade on the TSX under the symbol "ISN".

For further information, please contact:

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